

108 Names Of Shiva



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108 names of Shiva

#	Name	Meaning
1	Aashutosh	One Who Fulfills Wishes Instantly
2	Aja	Unborn
3	Akshayaguna	God With Limitless Attributes
4	Anagha	Without Any Fault
5	Anantadrishti	Of Infinite Vision
6	Augadh	One Who Revels All The Time
7	Avyayaprabhu	Imperishable Lord
8	Bhairav	Lord Of Terror
9	Bhalanetra	One Who Has An Eye In The Forehead
10	Bholenath	Kind Hearted Lord
11	Bhooteshwara	Lord Of Ghosts And Evil Beings
12	Bhudeva	Lord Of The Earth
13	Bhutapala	Protector Of The Ghosts
14	Chandrapal	Master Of The Moon
15	Chandraprakash	One Who Has Moon As A Crest
16	Dayalu	Compassionate
17	Devadeva	Lord Of The Lords
18	Dhanadeepa	Lord Of Wealth
19	Dhyanadeep	Icon Of Meditation And Concentration
20	Dhyutidhara	Lord Of Brilliance
21	Digambara	Ascetic Without Any Clothes
22	Durjaneeya	Difficult To Be Known
23	Durjaya	Unvanquished
24	Gangadhara	Lord Of River Ganga
25	Girijapati	Consort Of Girija

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26	Gunagrahin	Acceptor Of Gunas
27	Gurudeva	Master Of All
28	Hara	Remover Of Sins
29	Jagadisha	Master Of The Universe
30	Jaradhishamana	Redeemer From Afflictions
31	Jatin	One Who Has Matted Hair
32	Kailas	One Who Bestows Peace
33	Kailashadhipati	Lord Of Mount Kailash
34	Kailashnath	Master Of Mount Kailash
35	Kamalakshana	Lotus-Eyed Lord
36	Kantha	Ever-Radiant
37	Kapalin	One Wears A Necklace Of Skulls
38	Khatvangin	One Who Has The Missile Khatvangin In His Hand
39	Kundalin	One Who Wears Earrings
40	Lalataksha	One Who Has An Eye In The Forehead
41	Lingadhyaksha	Lord Of The Lingas
42	Lingaraja	Lord Of The Lingas
43	Lokankara	Creator Of The Three Worlds
44	Lokapal	One Who Takes Care Of The World
45	Mahabuddhi	Extremely Intelligent
46	Mahadeva	Greatest God
47	Mahakala	Lord Of All Times
48	Mahamaya	Of Great Illusions
49	Mahamrityunjaya	Great Victor Of Death
50	Mahanidhi	Great Storehouse
51	Mahashaktimaya	One Who Has Boundless Energies
52	Mahayogi	Greatest Of All Gods
53	Mahesha	Supreme Lord

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54	Maheshwara	Lord Of Gods
55	Nagabhushana	One Who Has Serpents As Ornaments
56	Nataraja	King Of The Art Of Dancing
57	Nilakantha	Blue Necked Lord
58	Nityasundara	Ever Beautiful
59	Nrityapriya	Lover Of Dance
60	Omkara	Creator Of OM
61	Palanhaar	One Who Protects Everyone
62	Parameshwara	First Among All Gods
63	Paramjyoti	Greatest Splendour
64	Pashupati	Lord Of All Living Beings
65	Pinakin	One Who Has A Bow In His Hand
66	Pranava	Originator Of The Syllable Of OM
67	Priyabhakta	Favourite Of The Devotees
68	Priyadarshana	Of Loving Vision
69	Pushkara	One Who Gives Nourishment
70	Pushpalochana	One Who Has Eyes Like Flowers
71	Ravilochana	Having Sun As The Eye
72	Rudra	The Terrible
73	Rudraksha	One Who Has Eyes Like Rudra
74	Sadashiva	Eternal God
75	Sanatana	Eternal Lord
76	Sarvacharya	Preceptor Of All
77	Sarvashiva	Always Pure
78	Sarvatapana	Scorcher Of All
79	Sarvayoni	Source Of Everything
80	Sarveshwara	Lord Of All Gods
81	Shambhu	One Who Bestows Prosperity
82	Shankara	One Who Gives Happiness

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83	Shiva	Always Pure
84	Shoolin	One Who Has A Trident
85	Shrikantha	Of Glorious Neck
86	Shrutiprakasha	Illuminator Of The Vedas
87	Shuddhavigraha	One Who Has A Pure Body
88	Skandaguru	Preceptor Of Skanda
89	Someshwara	Lord Of All Gods
90	Sukhada	Bestower Of Happiness
91	Suprita	Well Pleased
92	Suragana	Having Gods As Attendants
93	Sureshwara	Lord Of All Gods
94	Swayambhu	Self-Manifested
95	Tejaswani	One Who Spreads Illumination
96	Trilochana	Three-Eyed Lord
97	Trilokpati	Master Of All The Three Worlds
98	Tripurari	Enemy Of Tripura
99	Trishoolin	One Who Has A Trident In His Hands
100	Umapati	Consort Of Uma
101	Vachaspati	Lord Of Speech
102	Vajrahasta	One Who Has A Thunderbolt In His Hands
103	Varada	Granter Of Boons
104	Vedakarta	Originator Of The Vedas
105	Veerabhadra	Supreme Lord Of The Nether World
106	Vishalaksha	Wide-Eyed Lord
107	Vishveshwara	Lord Of The Universe
108	Vrishavahana	One Who Has Bull As His Vehicle

Calligraphies examples

In the following pages, I show you some calligraphies examples.

Writing these mantras in their Sanskrit calligraphic forms is a power meditation and invocation.

It is a direct way to ground these energies and invite them in your life.

Check this link for more on this topic:

<http://vitalcoaching.com/sanskrit.htm>

Shiva – The transformer

शिव

SHIVA

The Transformer

Maheshvara – Great Lord

महेश्वर

MAHESVARA

Great lord

Nataraja – The Universal dancer

नटराज

NATARAJA

The universal dancer

(Name of Shiva)

Nilakantha – The Blue Throated One



NILAKANTHA
The blue throated one

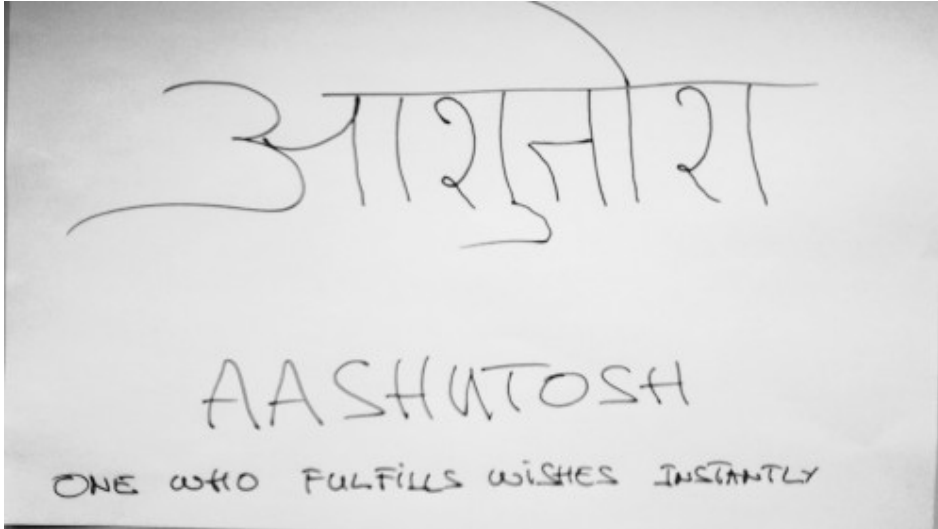
Vishva - Universe

विश्व

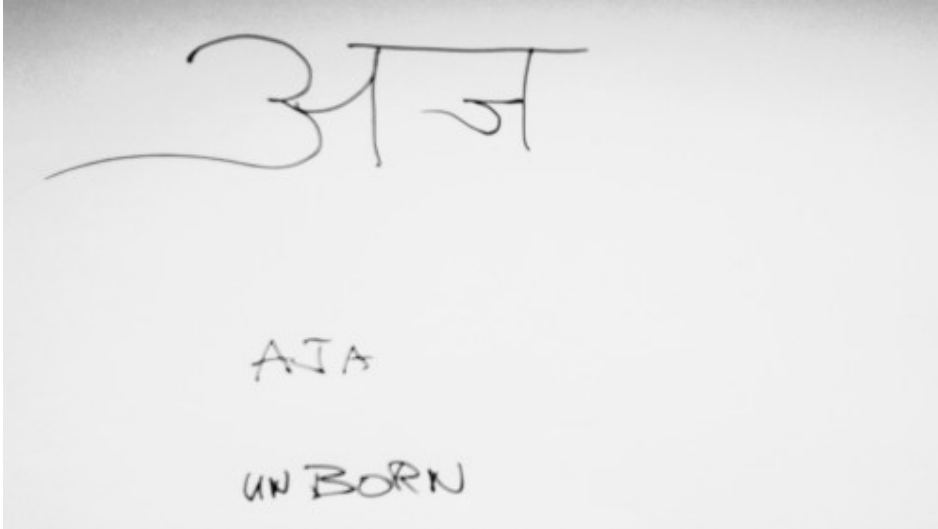
VISVA

Universe

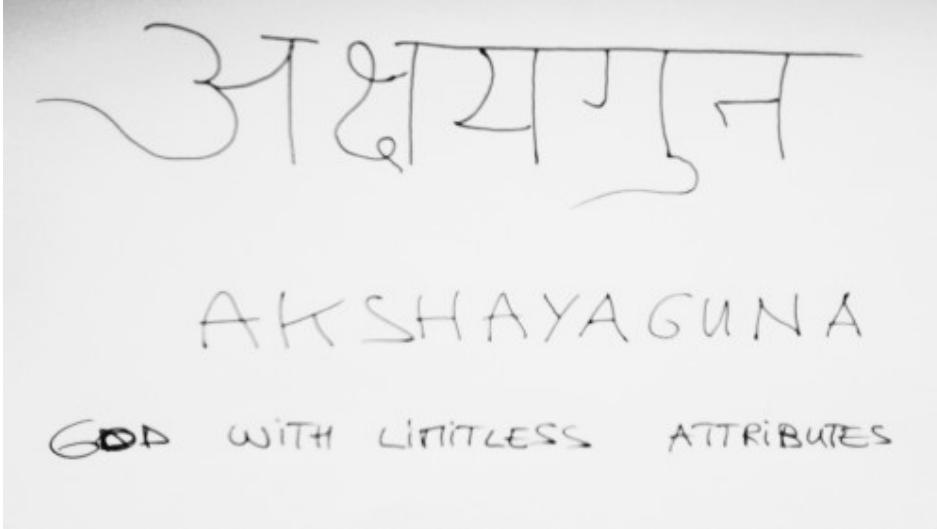
Aashutosh - One Who Fulfills Wishes Instantly



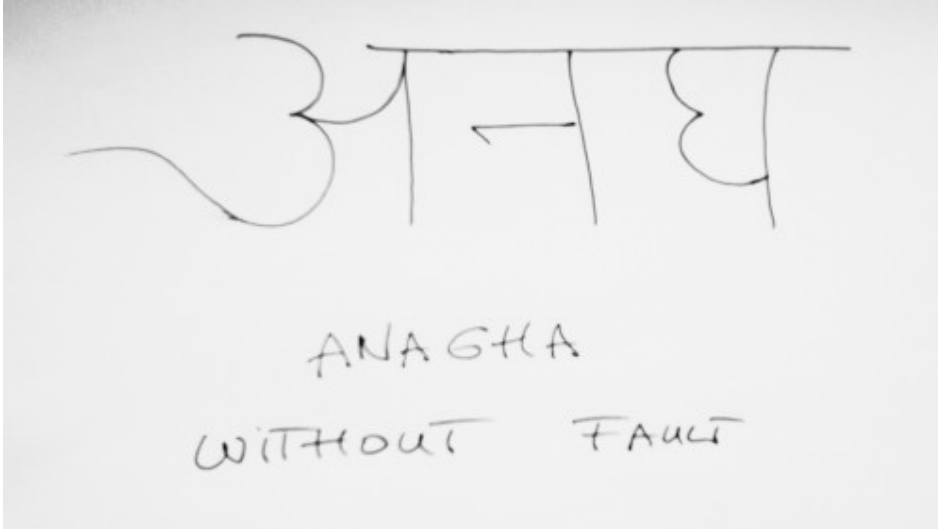
Aja - Unborn



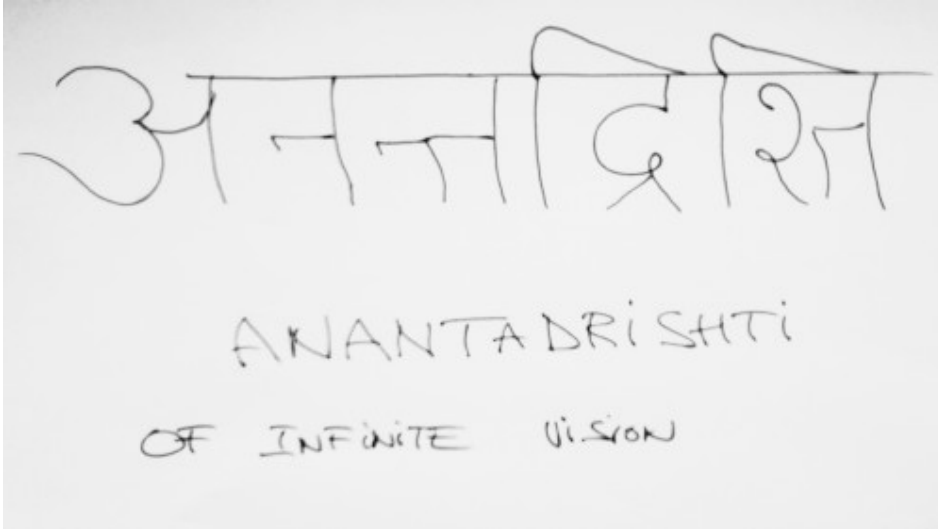
Akshayaguna - God With Limitless Attributes



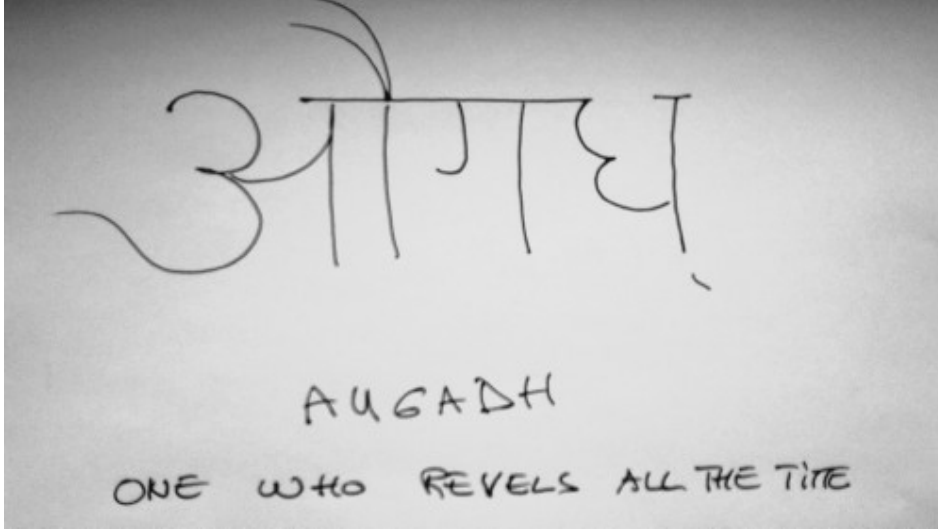
Anagha - Without Any Fault



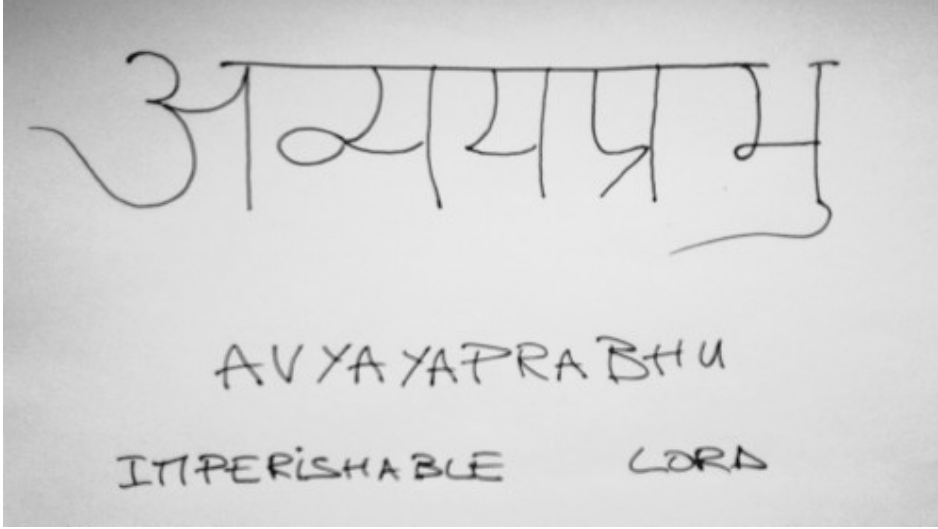
Anantadrishi - Of Infinite Vision



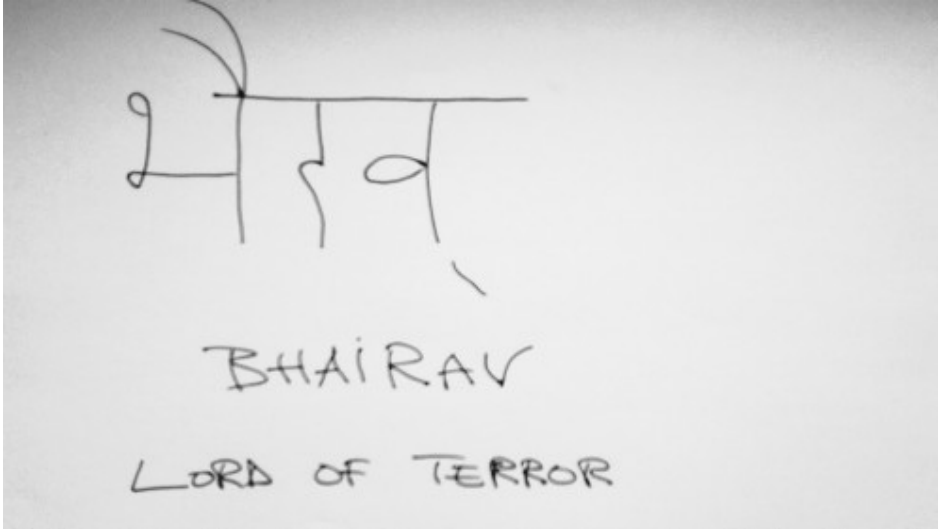
Augadh - One Who Revels All The Time



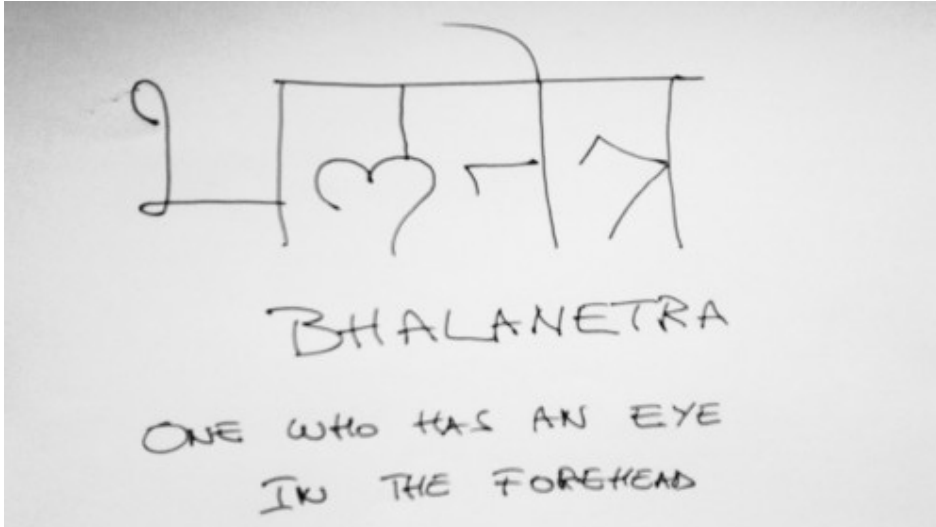
Avyayaprabhu - Imperishable Lord



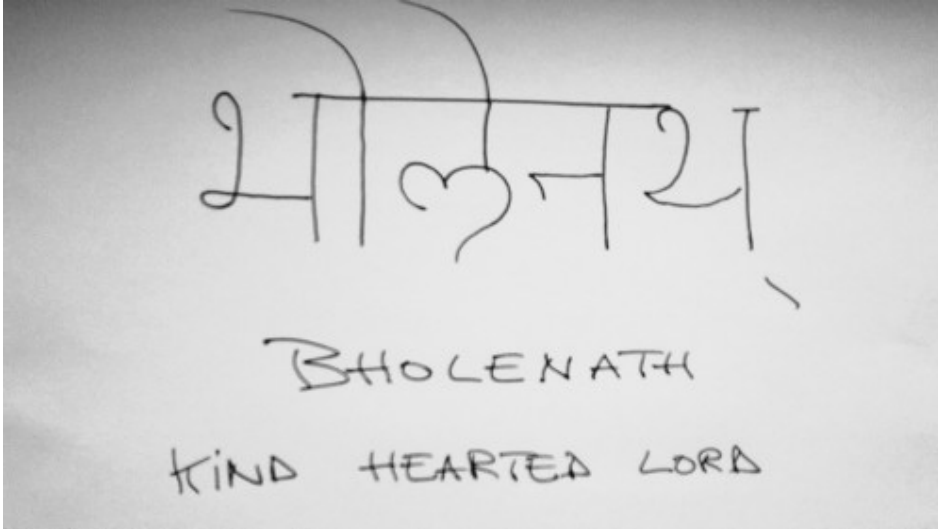
Bhairav - Lord Of Terror



Bhalanetra - One Who Has An Eye In The Forehead



Bholenath - Kind Hearted Lord



Spirit of Yoga

The spirit of yoga is universal.

It is not a culture or organization.

It is not limited to a location on the planet.

Even though it was born in India, the reality of yoga is not a cultural tradition.

This spirit goes beyond, borders, boundaries, races and any other forms of divisions.

This spirit is not fixed in a set of rules and disciplines.

Yoga is here to free your mind, not to limit you within a set of limiting patterns.

There is no suppression or constriction.

There is only freedom, open space, clarity, brightness and beauty.

Where to start?

You can start here and now.

The state of yoga is a not a distant reality that you project into the future.

It is a mind state that you wake up in the moment.

Right now, there are dozens of actions you can take to activate the flow of life force in your being.

Most of these actions are simple and require no discipline at all.

Yoga is a natural path

It is not a constriction or suppression of your being.

Yoga is freedom!

It is total freedom!

So, get away altogether from this idea of rigid discipline which limits your mind within a constricted frame.

You want to open space.

You want to expand and energize your sphere of life force.

Wake up your life power

Your life power is the basic energy which activates your being.

It is the essence which flows in you.

Life power is precious.

The goal of yoga is to activate and clear your life channels.

You wake up your life power by activating your mind, body and spirit and aligning them with powerful streams of inspiration.

You wake up your life power by removing whatever blocks the flow of life force in your being.

Life force is like water.

It is the flow of incarnation into matter.

Where there is space and clarity, it naturally flows.

Now, the mind and the body are refined architectures.

You want to design a vehicle which is super conductive to life.

To design such vehicle you need the power to protect it and strengthen it.

You need as well key mind sets which fit with this evolution line.

What are your tools?

The goal is to invite a greater stream of life force in your being and to remove whatever might be stopping this flow.

The moment you connect with yoga, you connect with tools, practices, mind sets, ideas, inner architectures.

You become aware of your actions and their impact on your life and your mind.

You realize that you are the conscious designer of your existence.

You have the power to reshape your life, being and energy according to the universal plan of yoga.

Your first tools are your body and mind.

These are your vehicles.

In your mind, you have thoughts and emotions.

Thoughts and emotions are the visible reflection of an energy impacting on your being.

When you connect with the spirit of yoga, you simply "fine-tune" your vehicle to become super conductive to the flow of universal life force.

You tune your body and mind through Kriya – Conscious action.

An action is anything you do, think or feel.

When your actions are in tune with the long term evolution plan for your being and the planet, you invite a greater flow of life force in your being.

You synchronize your actions with a vaster reality.

How to manifest a state of yoga

Yoga means unity.

When you are in a state of unity you manifest your universal identity.

You function from a place where there is no separation between you and the cosmos, the planet, nature and humankind.

You know that we do live in a field of unified consciousness, right?

You experienced it in many ways.

Now, the goal of yoga is to experience that field all the time.

It is to be in a state of mystical union every single minute.

Now, the effects of this state of unity are so powerful that they transform your mind and body forever.

How to manifest a state of yoga?

The first step is to really understand what you want to do.

Once you have understanding, you need to connect with a stream of power and inspiration that will take you there.

It is like swimming in a river that takes you to the sea.

Yoga is an invisible system.

No one fully owns it.

It is anywhere you are, not just in a Himalayan cave.

The next step is to ask for help.

It is very simple:

This energy field can't connect with you unless you want to.

Simply express your call in one way or another:

- "I am ready"

- "Can you guide me?"
- "I need your help"

Or any other expression of your desire to connect with that energy reality.

That's it :)

It's not so much the words, it is the intention.

Realize that you are communicating with a field of intelligence which is much vaster than yourself and much vaster than a person.

Now, you probably won't see the sky opening up or a voice talking to you. Even though this could happen as well... Maybe :)

The guidance and inspiration you might receive is usually much more subtle.

Here are some examples of what can happen:

- There is no clear answer but the following day you feel inspired to do something.
- This action might look insignificant but it is one small step in the right direction.
- Or you might have a sudden realization two days later.
- Or you suddenly feel a strong stream of bliss.
- Or you feel nothing at all.
- Etc.

These are only some examples of course.

The range of experiences you can have is so diverse.

It is impossible to even attempt to describe them all.

The next step is to respond to this inspiration and actually take action.

Now, taking action can often feel like a small risk.

You don't really know what you are responding to.

It simply feels right.

To take action you need to trust yourself, trust your instinct and trust your source of inspiration.

As you can see, the whole process of manifesting a state of Yoga has its own inner dynamic.

While none of this is fixed and crystallized, you will still recognize some form of coherence behind the inspiration that touches you.

It all makes total sense once you start taking action in that direction.

Now, this "trust" dimension is essential.

Nothing happens unless you fully trust this field of energy and respond to it.

This field of energy can't inspire you unless you ask for help and guidance.

It might be just a one time question or call.

Or it might be a call you renew every day through meditation for instance.

This energy reality simply responds accordingly.

You are free!

This is not exclusive.

The fact that you relate to this specific line of evolution does not mean that you have to cut contact with everything else.

It is not exclusive.

You are free!

That's it for today

Enjoy!

108 Names Of Shiva

Conclusion

I hope you enjoyed this material!

Feed back? Questions? Success stories?

Email me at francisco@vitalcoaching.com

For more check:

<http://vitalcoaching.com>

To your unlimited potential!

Francisco Bujan