

Dating Success – For Men

Dating Success

- For Men -

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Dating Success – For Men



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Dating for men – Online

Check this link:

<http://vitalcoaching.com/datingformen.htm>

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Dating for men – Coaching

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Find your unique style!

Here is the deal!

You already have what women want!

All you need is to polish it a bit!

You need to take the mind frames you already have and take them to a whole new level of power and presence!

When you check what women are attracted to, you discover that they are triggered by a whole range of qualities that sometimes contradict each other.

Here is an example:

Women often say that they want guys who can express their feelings.

On the other hand, you know as well that women want guys who are confident.

Is that confusing?

Not at all!

Why not? Because these qualities complement each other!

Here is what really matters!

That you own whatever you express!

It is an art!

You want to master that art no matter what your natural qualities are!

I see a whole variety of men being successful with women!

Some of them are in good shape, some others are more skinny.

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Some of them work on their appearance, some other don't care much.

Some will have routine approaches, some others will simply say bluntly what's on their mind.

Listen!

The point is simple!

If you don't really know who you want to be, you can imitate others who are successful at this.

That's a good start!

Eventually, you will notice that your own approaching style starts emerging and you feel successful no matter what that style is.

Alpha male!

Yes!

That's a core mind set to practice!

What does alpha male mean?

It simply means:

- More power!
- More presence!
- Comfortable in your own skin!
- Have ambitions!
- Can connect with any woman any time
- Owns his emotions and thoughts
- Etc.

These are only my own definition!

If you need to remember just one core idea, take that one:

Alpha male = More power!

If it's not clear for you yet, google "alpha male" and check what you find. It will give you more clues.

Think about this:

How alpha are you?

You know instantly what I mean, right?

0-100%? How high do you score?

Give yourself a mark and write it down.

Now, what will take your alpha rate from x% to 100%

Think about this for a moment:

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What are the qualities you need to develop more to have more presence and more power?

If you are interested in women, the answer will look like:

- Better body
- Social skills
- Make more money
- Expand your social circle
- Be more fun
- Etc.

If you're not sure where to start give me a call and I'll easily direct you.

You can make it more specific and ask yourself these questions:

- How comfortable are you in social situations?
- How is your grooming?
- Can you easily start a conversation with anyone?
- What does your average evening look like?
- Are you an exciting person to be with?
- What's your core ambition in life?
- Etc.

Why so many guys fail

They fail because they have the information but don't apply it!

They simply never take the time to train these skills!

Look! Social presence is a power that you build up!

You train it like a physical muscle!

Be consistent with your focus.

It takes 3 months of daily practice to become good at this.

Many guy will give up on the first sign of rejection!

That's not good enough!

You need to see this as a life training experiment.

The outcome is not that essential, really!

At this stage, all you want is to train these skills!

There are two aspects to what you do now: theory and practice!

The theory is important of course!

Mentally and emotionally understanding these dynamics is essential!

But no matter how good you are at understanding these things, you are only half way there if you don't practice!

Think about climbing the Everest.

What's the point of studying the maps and reading the accounts of other explorers if all you do is look at the mountain and do nothing.

You need to start walking one step at a time, one approach at a time.

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Every woman you have the potential to meet is an opportunity to train these skills.

If you avoid women or avoid taking the step, you miss your chances!

Not good!

You might think:

“Well, I am not just going to approach women on the street?!”

Why not?

Are you saying you don't have the skills or the guts to do it?

You are saying that you miss that?

Well, imagine that you would have that power!

Imagine how much this would change your life.

You see a girl passing by, you like her, you engage a conversation, she gives you her number, you meet her the same evening.

How fun is that?

Do you want that skill?

Say “Yes! I want it!”

So, how will you develop that skill?

Will you develop it by listening to your fears and giving up or will you observe your fears and do it anyway!

Have you ever tried?

Have you ever experienced this sense of achievement when you actually do it and it works?

It's a whole sensation of pleasure and satisfaction filling you up!

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It feels incredibly good!

What's even funnier is that once you do it and succeed, you realize that all it took was some guts!

That's all!

The good news is that approaching women day time in public places is only one small fraction of the possibilities you have!

Many guys think that this is what you have to aim for.

You can do it if you want but you have dozens of other options.

You have clubs, the internet, social events, work, public places.

You can connect with women you are attracted to or just with anyone.

If your level of approach anxiety is high, you can train these skills with anybody, men or women without distinction.

The first goal is to activate your social skills, not to find your long term life partner.

You simply strike conversations with anyone.

Always say yes when someone invites you to a social event!

This is always an exciting training ground to develop these skills.

Get rid of approach anxiety!

The best way to overcome any fear is to confront yourself with the situation and do it!

I know that you have many therapy like approaches that help you with any forms of anxiety.

I won't go into details here because I want to focus on another way to do it.

I want to simplify it to the max!

The first time your approach a woman, you might feel slight discomfort or anxiety.

Why?

Because it's new!

If you are shy or don't know how to strike a conversation, that's the skill you want to train.

Make it a point to systematically train these skills.

For the next week, decide to start 5 new conversations/day.

It is really simple!

All you need to do is focus!

How does that help you with women you are attracted to?

It helps you because it is a gradual process!

If you can have an interesting conversation with anyone, it's way easier to have a thrilling moment with a girl you are attracted to.

You build up connection at will!

That's the skill you want to train!

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And you have dozens of opportunities to train that skill all the time!

It might be:

- A shop assistant.
- The girl at the coffee shop.
- Someone who sits next to you in the subway.
- A stranger at a social event.
- Etc.

The next point is that you don't have to engage in a deep conversation!

All you have to do is just say "hi" or validate the person who is right next to you.

Here are some example:

- As you pay for your coffee, look at her straight in the eyes and say "I like your smile... You look really happy today! What's on your mind?"
- To the person in the subway "make eye contact, smile, say hi as you sit down next to her"
- At a social event "what are you drinking? That's the punch? Hi! I am..."
- Etc.

You see! It's simple!

These are not some complicated routines where you have to come up with a cocky line!

No, they are not ready made lines I use all the time.

I just made them up to give you some examples.

That's the first skill!

It is the ability to lightly connect with anyone.

And that's a skill you can easily train!

Be dominant?

In my experience, you don't need to be dominant all the time.

What you need to do is be able to be directive when needed.

For instance, you are at a club and you want to start a conversation with her.

She stands in the middle of the way and other people pass between the two of you which interrupts your flow.

Look at her in the eyes and say "Come here..." to get her to be closer to where you stand.

You say that gently but firmly.

You can as well take her hand and invite her to follow you.

All you did was giving her instructions.

Can you see how sexy this is for a woman?

A guy who can take charge and be directive scores way higher in her mind than somebody who can't!

Do you have any idea of how much women complain about guys who can't make decisions!

Insecurity is a killer!

It destroys sexual attraction instantly!

Women want to know that you can take charge because it gives them security.

They want to feel that power.

In the previous example, the term "dominant" should be replaced by "directive".

That's what you just did in that situation when you firmly invited her to follow you.

You were directive.

And she liked it.

Here is another example:

You had a nice evening, you look at her straight in the eyes and you bring her body firmly against yours.

That's a dominant move.

It's directive and powerful!

Being dominant is one of the cards you can play.

If you use it all the time, it wears out.

The idea is to play with your power.

You can be gentle and suddenly shift gears and be more directive.

It's like a recipe.

Too much salt kills the taste.

You can use the dominant card in a similar way.

Be subtle!

Yes! Women love it!

It creates instant sexual attraction!

Is it even an attitude you want to develop?

Develop more power?

Be more present and in the moment?

Be able to trigger sexual attraction in her?

Ad all that while being more authentic and true to yourself?

Let me think...

Hmmm...

Of course you want these skills!

You demand them!

You request from the universe to be flooded by the power to connect with any woman you want at will!

Whaou!

There is so much denial on this topic!

It blows my mind away!

Here is why you might even hesitate when given the chance to develop these skills:

It is because you believe that skills like seduction or being an alpha male are dangerous or unethical.

Is that correct?

You are afraid of what you might connect with once you unleash fully your true inner power!

Do you see how crazy this is:

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Don't you trust yourself with that kind of power?

Do you believe that this will lead you to do stupid things and abuse women?

Is this what you think?

Then you are missing a core point!

It is your responsibility to use this power in wise ways!

What do I mean?

That energies like fire, money or political power are all valid!

They are simply raw forms of energy!

If your values are unclear, you might abuse what is given to you!

This is where clear values and conscience steps in!

If I give you the tools to make a million dollars, would you take them or would you hesitate because you have no idea how to use that money wisely?

You know what?

You have a very valid point here!

That's where you are being tested as a human being!

When you are given extra power, how do you use it?

With extra power comes extra responsibility!

You heard that before!

You might get this feeling that this is a type of power you can't handle.

You might get the feeling that you don't know what kind of unlimited source of energy you are playing with.

Guess what?

I agree!

Unleashing your full human potential always requires you to take the control seat and be in charge!

When you say “yes” to a new given set of skills, you need the right mind set to handle what is given to you!

Many men will step back at this point because they are literally afraid of their own power.

They are afraid of what they feel coming!

Is this you?

If this is you, I am ok with that!

Really I am!

You might be in a position in life in which the sudden flow of this type of power would destroy everything you have today and replace it by a whole new life.

You might be attached to some small things in your life.

Things that are insignificant but represent your present identity.

It might be the way you dress, your social circle or the books you read.

It might be the unfulfilled dreams you have in your mind for the last 5 years!

When you get this type of new power, it unleashes change!

And change is challenging!

It forces you to adapt to a whole new you!

This takes energy!

It shifts everything in and around you!

You might love your comfort zone.

Too much energy at once will destroy your comfort zone and bring you to a place in you that you won't even recognize!

Do you see how it works?

We are talking about unleashing your true unlimited potential!

The trigger skills I offer you right now concern the way you relate to women.

It could be another trigger.

It could be body, money, emotional power or spiritual awakening.

You are reading this book, so you probably want to improve your game with women!

How many times where you faced with wanting to connect with a woman you like and having no idea how to do it?

Are you ready to change your game?

Are you ready to win?

Say yes and you are in!

It all starts with a simple committed decision!

Do women like that?

Here is a fact!

80% of women are frustrated with men!

They are frustrated with some or all the guys they know because these guys have no idea of how to effectively relate to them!

A woman will mislead you!

If you ask her:

“Should I attend a pick up event with 100 other guys and learn these skills?”

Most women will be offended, especially if it’s your girlfriend!

They think that seduction is manipulation to get from them what you want.

It could be true!

Now if what you want is to have a fantastic loving relationship with her, looks like your 2 agendas match, right?

So why would she want you to hold back?

Why would she discourage you from becoming a better partner?

Here is something that will really blow your mind:

It is because she is competing with you for power and control in the relationship.

The less power and skills you have the more power she has in the relationship.

This gives her an edge against you!

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She can't sponsor your own power and alpha awakening even though that's what she deeply needs!

Half of the dynamics in relationships have to do with power struggles or power balance!

You think it's about sex, romance and love?

That's true!

But those dynamics account only for 50% of what you see happening in couples.

The other 50% are competitive patterns between two partners!

See how it works?

Who decides?

Who controls?

Who is in charge?

Who leads?

A leading position gives you an edge!

A couple is like a team!

If you encourage your team partner to gain more power, this increases the value of your team but might lower your hierarchical position in the team!

Nailed it?

It's called conflicting interests!

This is why women usually resist energetically sponsoring these steps in you because they are afraid to lose the control they have over you!

They are afraid as well to lose you!

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These skills make you way more attractive to other women!

She knows that!

She knows that soon, she might have to compete with other women to get you!

So, there you have it!

She loves having a partner, a male friend or a lover who is fully expressing these alpha qualities.

And at the same time, she's afraid of the consequences!

What does it even mean?

Being more powerful means that you gain control over what comes to you.

If you live your life like a victim, more power gives you back the control seat!

It's fun, right?

It's one step on the path to life mastery!

Got that?

Interactions with women is one of the core life environments you want to master!

You have more environments!

You have:

- Business and career
- Nature
- Social situations
- Family life
- Body
- Spiritual evolution or your connection with the invisible or the absolute
- Etc.

Being with women and mastering that is one of the core skills you want to develop.

This is what it means!

Mastering your relationship to women.

It means as well mastering your sexual energy.

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If you take this one step further, it evolves towards mastering family life and being a fantastic father.

The skills you gain with women are skills that impact all areas of your life.

You might radically shift your diet because you realize that your present body no longer serves you.

You might apply the seduction skills to have more constructive chats with your team at work.

This might give you the drive to launch your own business.

Or you might develop a whole new edge when you are out in clubs!

These skills are a stepping stone on your path to life mastery!

Respect!

Big misunderstanding, ok?

These skills are not about disrespecting women or treating them like sex objects!

They can though!

It is really up to you!

You take absolute full responsibility for the way you decide to use all this.

You are responsible for your actions!

I simply give you a vehicle!

And yes! I want to give you as well some guidelines that will help you direct your intentions in the right way.

Here are 2 core affirmations!

Repeat after me:

I love women!

Here is another one:

I respect women!

You see where I am going?

These are the values you want to put in the core of your inner navigator!

If you don't, you'll mess up and create pain!

Seduction is a double edge sword!

You can hurt what you care for the most!

Yes, some women want to be sexually dominated!

They want to feel your extreme power while feeling emotionally and physically safe!

Not all of them!

Some women want a softer and kinder approach!

If you don't know what they want, ask them!

Take small steps!

See how she responds when you behave more male!

Does it trigger her sexual desire?

Does she get more excited!

Or does she look afraid?

That's what you need to test!

Some women want to feel your passion!

They want to be next to a rock who is never challenged by emotional intensity!

They need that kind of fire to feel alive!

Other women might like the transcendental peace that arises in the Sunday morning!

They want to relax in this calm space feeling 100% secure.

You need to find out!

You need to explore all that with her and adapt your energy level to her needs.

Yes, you hear me right!

Her needs!

This is not just your agenda!

It is her agenda as well.

You can literally be in service to her, to her beauty, to her divine spark!

You can touch her body as if it was a music instrument and you can bring the most gorgeous feelings and mystical essences out of her.

The game is subtle and you have many different moods you can play.

You can play with fire!

You can play with bliss!

You can trigger all that in her if you are skilled at this art.

She gives you the gift of trust by allowing you in her sacred inner circle!

What will you do with it?

How will you use this privilege!

You think that you can just rush into her life, do your thing and step out?

If you abuse her trust, you will suffer the consequences!

Why?

Because her life is backed up by powerful invisible forces!

So is your life!

A sacred dignity lives in each human being!

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If you abuse that, you betray one of the most sacred contracts you have with yourself.

If you disrespect her, this creates an inner spilt and you feel internally divided and conflicted.

This is where sensations like guilt and shame arise.

This is why a man who abuses a woman often come back begging for forgiveness.

They come back to them begging for another chance because the guilt they feel destroys them internally!

It consumes them!

You don't want to enter in conflict with this type of power, believe me!

You want to respectfully partner with these forces and use them as a drive in your own life!

You have to choose the values you want to stand for!

Emotional vulnerability?

Emotional vulnerability is sexy!

Why?

Because women need to know they are safe with you.

A guy who is like rock totally insensitive could be dangerous for her and her kids.

That's an instinctual primal response from her.

She needs to know she is safe and that she can access your feelings if needed.

A guy who combines both power and capacity to express feelings scores high in a woman's mind.

Why?

Because it shows you care!

To assess your capacity to be emotionally touched, here are some of the hints she will be looking for:

- Are you abusing the waitress and being disrespectful?
- Do you care for nature, animals and the planet?
- How do you treat kids?
- How do you treat women?

She asks herself these questions subconsciously when she speaks with you.

If you don't want to blow it, the subtle hints you give her must be:

- Yes, I respect every human being!
- I care for the planet!
- I love kids and know how to relate to them!
- I would never hurt a woman!

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These are core values she wants to feel in you.

She wants to know that you can be touched and reached if needed.

How do you let her know that you are that kind of guy?

By including these ideas in your conversation.

You can say things like:

- “Cute” if you see a dog on the street. Say it clearly enough to make sure she gets it.
- You smile to the waitress and talk to her in a kind way, make eye contact and say thanks.
- “My kids! I enjoy a lot when they are around. We are having a good time”.
- Treat her with respect throughout the date. No road rage on the way back because an idiot drives slowly!

Listen! You don't need to be a hero at that!

She simply need to feel safe with you.

These needs are deeply embedded in her.

Why?

Because she needs to protect her kids.

Think of survival in the wild 40 thousand years ago.

A partner who would not have capacity to emote could run away and think of his own survival without protecting the kids.

Nature has programmed that need for safety in her because in ancient history, the survival of the human race was from that specific protective behaviour from males.

The human race needed males who cared to be able to survive.

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That's part of the preservation instinct and gives security to a tribe or a family.

See how it works?

This is why emotional vulnerability and your ability to be touched and caring makes you sexy, attractive and a potential good partner.

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How to be good at this

Practice!

This book might be the only information you will ever need on the topic!

Information has no value if you don't put this into practice!

How do you practice?

You connect with women!

That's field practice!

Without this field practice, your efforts are close to useless.

Here is what usually happens with guys who want to be more successful with dating.

They will read a couple of books, research, journal or go to some pick up classes.

They might be inspired to practice a couple of times when they go to a club with some friends.

They will try some of the techniques they learned.

They will like them.

Keep them in mind.

Get distracted in the following days.

Forget about these ideas until they are out and meet a woman they are attracted to.

They try to connect and mess up the opportunity.

That's what happens in 80% of the cases!

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What's missing?

Practice!

Way more practice!

You might have the information!

if you don't practice, this info is worth nothing.

If you want muscles, you need to hit the gym!

If you hit the gym once or twice and forget about it, you know that's not going to work!

To build up muscle, you need to go to the gym at least twice a week for 3 months.

That's the kind of practice that will get your results.

What will get you solid skills with women?

Approach 5 women every day for the next 3 months!

That's the type of target you have to set!

Will you get rejected and blow it a few times?

Of course you will!

Stop!

Right there! Stop!

I can hear your doubts!

I can hear you thinking:

"Yeah, right... whatever... I will do it my own way... I will find the shortcut, the magic trick that will give me all that instantly..."

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Ha! Good one!

Men! You are fooling yourself if this is what you think!

There is NO magic trick!

There might be a couple of connecting tricks that will slightly better your chances here and there!

Of course there are!

But those will give you temporary, isolated successes!

This is NOT what we are talking about!

What we talk about is being able to connect with any woman, any time!

This is mastery!

Connecting with women is not something you practice for 5 min and forget for the rest of the year!

Dating power is an attitude you practice and embody for life!

It is there to stay!

You might put it aside for a bit when you enter a committed relationship and recall the skills when you are single again.

80% of the guys who read this material will miss the point.

They will read these words and it won't sink in deep enough.

They will think:

“All I want is a girlfriend”

No! That's not all you want!

You want a fantastic relationship with that woman too!

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How will you keep your couple excited if you have no idea about female psychology and needs!

Are the skills you need to approach a woman similar to those you need in a relationship?

Yes! They are!

Why?

Because the woman you are in a relationship with remains a woman!

And this woman responds to you in instinctual ways even if you are in a committed relationship!

She will be triggered by your presence!

She will feel your tone of voice or body language!

She will be thrilled when you are skilled at pleasing her!

Believe me!

The woman you will meet wants you to have these skills!

That's if your goal is to be in couple.

If you want your freedom and date casually, that's the same story of course!

Why do you think so many women divorce their husbands?

You realize that in the West, 50% of marriages end in divorce within 7 years!

80% of these divorces are initiated by women!

Why?

Because women get bored in their marriage!

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They feel limited!

They realize that the romantic dream they had in mind is not being fulfilled!

Yes, they might get the comfort and security but so often, the thrill is gone!

How will you keep the relationship exciting if you have no idea what she wants or how to trigger sexual attraction in her?

Do you get this?

These are skills you want long term!

If you don't develop them, you will miss them more than once in your life!

When you have them, you use them all the time!

The satisfaction you get from effectively connecting with women any time you want fills you every day.

It gives you pleasure!

This ability to connect is one of the core life skills you want to develop!

What are other essential life skills?

- Making money
- Taking care of your body
- Communicating effectively with others
- Mastering your thoughts and emotions
- Connecting with your destiny line
- Connecting with the absolute
- Etc.

Connecting with any woman at will scores up there!

It is basic!

It is essential!

Why is it that this stuff is not part of basic education?

Honestly? I believe that society got side tracked!

We focus way too much on practical skills and fixed knowledge!

Emotional intelligence is way more important to succeed in life than knowing history facts!

Do you understand that?

Our education system is not adapted to today's needs!

Imagine a cave man learning about mathematics!

What's the point if he has no idea how to hunt!!!

He would die, right?

Well, in today's world, men have sexual needs and they often have no idea how to have them needs fulfilled because they never develop the skills.

This is profound, ok?

It is VERY profound!

You need to put all that in perspective and see the larger picture.

Developing dating skills is an access to something that will blow your mind away!

It is one of the access keys to happiness, fun, joy, pleasure, satisfaction and life fulfilment!

These ideas are emerging stronger and you will hear them again!

You need to get this!

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These skills are some of the essential building blocks to your success and happiness!

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Better yourself!

That's the inner drive you want to tap into!

Ambition!

Urgent need to do better!

That's the fire that will get you to achieve what you want in life, including being more successful with women.

We bring in the big picture because that's what women want!

They don't want a guy who can pull a few conversation tricks but is useless as a partner!

They want the full package, not some isolated elements!

When you approach her and start a conversation, she sees everything!

She sees what you say and what you don't say!

If she doesn't pick it up straight away, she might get it in the next date.

The point is that you don't need to fake it!

Being able to connect with any woman you want is a complete art.

To master that art, you need to master yourself and be able to influence aspects of your personality at will.

Wrong mind sets

If you are getting desperate about finding ways to really connect with women, you need to read this right now.

The number one reason why guys fail to connect with women is because they make mistakes.

What's a mistake? Well, it's a wrong word or action!

It is actually a whole wrong mind set.

Where do these wrong mind sets come from?

They come from everywhere!!!

All levels of society convey ideas about love and dating which are simply wrong.

These ideas come with our pop culture, literature or mythical tales and glorify romantic approaches.

Romance does not get a woman attracted to you!

To succeed with dating, you need two things:

Winning strategies + Practice

It is that simple, really!

Most guys who fail in connecting with a woman do so within the first minute of interaction.

They behave in a way which disqualifies them instantly in a woman's eyes.

If they take the time to analyze their behaviour, they easily see key mistakes they make in relating to the opposite sex.

Now, some good news!

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The skills to get it right with dating are easy to learn!

Within 3 months you can be a top dating expert and be able to connect with any woman you are attracted to.

Again, all it takes is a few winning strategies + practice.

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Feed her profound needs

Here is what you must know:

Women have different levels of needs.

If you target the wrong needs, you'll miss the target.

Superficial needs are what she believes and tells you she needs: romance, material security, trust, etc.

Profound needs are deeper than that.

If you respond to her profound needs, you will hit the target.

If you respond to her superficial needs, she will either give you the best friend role or never speak with you again.

What are profound needs?

Her first need is that she wants to feel like a woman.

There is only one way she will feel like a woman: it is if you behave like a male.

This is why weak guys are a massive turn off for women.

She simply can't express her feminine qualities when you don't express your male hood.

What is the first male quality? It is confidence and power.

Why?

Because you need to be able to protect her if trouble arises.

Notice: This is not a modern day conditioning!

This goes back to tribal behaviors.

It is an imprinted pattern in her mind. She simply needs to feel you like a rock!

Any other profound needs?

Well, actually that's about it!

Really?

Yes! Really!

All her other deep needs come back to this first one!

It is very simple. Any time you lose this feeling of power in you, she pulls back.

All other qualities are satellites of this central core.

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She needs to feel your power! That's it!

The only dating challenge you face is:

How to raise your level of power from x% to 100%.

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How to multiply your power?

Well, that's the real challenge!

If you feel like you are a failure, obviously, your level of power will be low.

Same if you feel you need her!

Here are some elements which influence your level of power:

- Successful career
- Money
- Active network
- Healthy body
- Emotional maturity
- Personal skills
- Etc.

You can give yourself a mark for all these areas (0%-100%) and have a direct estimation of your present level of power.

If you score low, you will usually be a turn off for women. If you score high, you will attract them.

What if you miss all of these?

You can multiply your level of power by building a very high level of confidence in dating situations only.

A woman will first test your power level in the way you relate to her.

You can score relatively low in career or body power for instance while scoring very high in your dating confidence.

This gives you an instant power edge in her eyes.

Power is an attitude

She feels it straight away!

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Your confidence gives her a boost and allows her to be feminine!

This is basically all you need to know about dating.

The only reason she partners with you is because it is a win for her.

She knows life is a battle

That's one essential aspect of her agenda: she needs to fight!

Fight for life! Fight for survival! Fight for money!

What do you think she needs to win this battle?

A powerful man or a sensitive guy?

Of course you know the answer!

This is the center of her agenda!

Remember this at all times.

Two ways to give her security

First: How you stand in life.

Second: How you communicate with her.

Once she perceives your power, she still needs to relate to you.

Connecting! That's the next step.

You can have power and be a freak, right?

What she needs to know next is that your power won't turn against her.

She needs to feel secure in your presence.

Again, this is rooted in natural, basic, instinctual needs.

Security is her next most important need.

Here you have it:

Power first!

Security second!

How to give her security?

One simple word: Respect!

She must know that you won't use your power against her!

Now, remember that giving her security before giving her a sense of your power does not work.

You need to get it right.

She needs to feel these two qualities in the right chronological order.

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Power creates attraction!

This comes first! Always!

Attraction leads to a need for security when she is in your presence.

If you give her both a power pillar + a secure space where she can be herself, you already get most of the equation right.

There is more!

Don't put her needs above yours

This is where she tests you!

You heard about female tests, right?

Once she knows you can offer her power and security, you can still play two roles in her mind: lover or best friend.

A best friend will tend to put her needs above his.

This is called balance of power.

She will straight away test you to see if you are the submitted type.

Women don't like it when a man is ready to drop what he does because she lifts a finger.

Being too kind disqualifies you for a very simple reason:

It radically shifts the balance of power.

It tells her that she is stronger than you are.

You need to express a level of power which is higher or equal to hers, never lower!

This kindness trap is totally counter intuitive and so many guys actually fail when tested with it.

Kindness is one of her needs, simply not one you want to express at first.

Successful approaches

Now, let's look at how to successfully approach her.

What do you say?

How do you behave?

In what context?

What you must know is that before she sees you, all the possibilities are open.

Within the first minute of interaction she can totally make up her mind and decide to see you again.

Now, why would she do that?

It is 100% instinctual.

A woman's attraction to you is not rational.

She does not sit down and think about it in a logical way.

Her instincts take over and she will say yes or no depending on that instinctual response.

Now, the key element in her instinctual decision is your level of power.

It is that simple.

It is not romance or a cool pick up line.

What makes her want to see you again is your level of power and confidence.

If you score lower than her, she usually won't be interested to see you again.

If you score higher, you've got good chances.

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Now, within the first minute of your interaction this balance of power is already established.

And yes! There is a way to “manipulate” this balance of power so that you consciously take a role she is attracted to.

Your opening line

Here are some examples:

- “So, what’s your star sign?”

You use that one in social situations. You have a rolled magazine in one hand and as soon as she tells you, you read her horoscope and tease her on some aspects of what is being said.

- “Have you heard about bar code?”

If you haven’t checked it out yet, do a search and prepare yourself by learning a few signs. Ask her: “What would you say to a guy you are attracted to” and then translate it in bar code sign.

- “My friend over there wants to know your name. You’ve got a name, right?”

This one is easy, isn’t it?

Okay, two key words to remember: teasing + confident

What matters most is your attitude when you approach her.

To be good at it, there is only one key: practice.

If you did not approach a single girl in the last six months, you’ll probably feel a bit tense.

Now, if you have already been chatting online, socializing and asking many women out (even if they said “No thanks”), you’ll have an edge in your approach that women recognize.

It is called confidence!

Why teasing her works so well

The simple reason it works is because when you tease, it shows you don't take her seriously.

By doing so, you instantly shift that balance of power I talked about earlier.

You position yourself as the guy she is instinctively attracted to.

Bingo!

All you need now are teasing directions you can use.

If right now, I say "Tease a girl", you might be at loss.

You might wonder for a few minutes searching for an idea.

Here is a clue:

Find an aspect of her personality or life you can make fun off.

Think of one of your female friends or a woman you know.

Now, think of an aspect of her life she is proud of.

It can be health habits, perfectionist attitudes, gym, attitude towards nature, etc.

Focus on this one woman for 5 minutes until you find an area of her life you can tease her about.

Once you have an idea, you need to find the right teasing line.

Here is an example: you meet her at a club and she just ordered a "Breeze" with a very pink colour.

You:

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“It’s okay. I am perfectly fine with girls who want to have a disgusting drink just because they like the colour of it... May I see your fridge? Any fluorescent green jellies and other space foods in there?”

Of course, she will defend herself and as soon as she does, you follow up with a new teasing line.

Just make it worse for her ☺

Her: “no, really, it tastes really nice”

You: “This explains why I won’t accept your invitation to kook dinner for me. There is a nice place I know they don’t allow clients in the kitchen. It will be safe for me because they won’t let you in. Would you like a taste of real French cuisine?”

Hey! I think you just asked out!

Okay! By now, you probably know that a ready made set of pick up lines are a pretty lame way of approaching women.

It’s simply insulting to believe she can fall for a ready made sentence.

No, what you need are a couple of ideas + some improvisation adapted to the situation.

Yes! Improvisation!

Sorry ☺

This is something you need to practice at least a bit to be good at it.

Now, your turn:

Take this girl your thought about earlier. You now have a teasing topic, right?

Next step, make up a teasing line for that specific topic and take it from there.

Yes! Make it clear that you are teasing her!

She needs to know that!

You play with humour and she is your target.

This gives her the opportunity to relax and not take herself so seriously.

Don't come too hard on her and don't attack her on sensitive topics like weight issues, breast size or the death of a loved one.

You got it I am sure! 😊

Is it a mistake to be romantic?

Okay!

There is a big misunderstanding when it comes to attraction, dating and romance.

Most guys believe that being romantic creates attraction.

They believe that buying some roses and shipping them to her office will get her to call you and open up to you.

Wrong!

Being sentimental when you hardly know her sends the wrong signals.

It tells her you are weak!

It tells her that you are focused on soft feelings and don't own your power.

It's not what you wanted to say but that's how she interprets your move.

She needs a strong man before romance.

Now, if she already has a crush on you and you already proved that you are not afraid to challenge her, giving her a rose will simply add a romantic touch to your personality.

This is good as long as it is not the centre of the way you relate to her.

I agree with you: this is totally counterintuitive and goes against everything your mother told you about women.

What is even stranger is that most women will usually mislead you and let you believe that romantic moves open the way to their heart.

Why? Because they don't actually want you to get it right!

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They don't want to unveil the mysteries of their subconscious mind or show you how to gain access to one of their deepest secrets.

A woman feels totally disarmed when she suddenly realizes you totally get her and are absolutely not intimidated by what you see.

Having a man behave from his power base towards her is what she needs but she won't help you be that.

Why?

Because part of her dating game is to feel fulfilled as a woman and get a man to show her his power...

But!...

Another aspect of her relationship to men is based on competition and being above them.

This is why she won't unveil her secrets to you.

She won't educate you!

If you make the wrong move, she simply loses interest, stops returning your calls or gives you some lame excuse to not see you again.

The true reason a woman loses interest is because you fail to trigger her femininity.

That's it!

Yes! It is that simple!

You trigger her femininity by positioning yourself on your power role.

What works better? Asking her out or getting her digits?

You have two directions to go:

- Get her number

When you approach her for the first time, you chat with her for 3 minutes max, ask her to write her number on a card and get back to her later.

- Ask her out on the spot

You meet at a social event for instance and make a date with her for later in the week.

What works best?

Both approaches work really great depending on the context.

If you just met her, asking her for a date on the spot might be too direct.

On the other hand, if you were planning on having a drink, saying something like:

“Want to join me?”

Might get her to say “yes” straight away.

That’s very good!

Conclusion?

Don’t miss an opportunity because you are stacked on a specific strategy. You need variations and options.

Stay open, ok?

What is the best context to connect with her?

The easiest are social situations where you've both been invited.

The most challenging is probably walking to a total stranger in a public place or the street.

Sending a message online is easy.

There is very little involved.

What does this mean?

That if you want to start approaching women and have no clue, then choose contexts which are easy first.

Practice your skills online for instance.

Respond to social events invitations and chat with women even with the ones you are not attracted to.

Don't look for a date!

Look for a training ground to practice your teasing and confidence skills.

That's it!

Master the art

Once you are good at challenging and teasing while being funny at the same time, the next step is to master your art.

You are able to connect with any girl any time.

The reason guys can feel clingy or desperate is because they believe they just get one chance at it and that's it.

They see a girl and within a minute emotionally commit to her.

That's the biggest mistake you can make in dating.

That's the last thing you want because your first goal is not to find a girl and stick with her, the goal is to master your dating approach.

Connecting with the opposite sex is fun in itself.

You want to master your ice breaking strategies.

You want to feel in power and confident enough to walk any time anywhere to any girl, chat and leave.

That's it!

Once you master that part everything else follows.

Why?

Because it gives a total new sense of power to know you can easily connect with girls any time any where.

Practice!

When it comes to mathematics or languages or music, everyone agrees that it takes time and practice to master these skills.

Now, when you check dating, guys tend to believe that it should just work...

What do you think is more complex?

A piano or the female mind?

You got it, right?

Now, if you sit at a piano and never played before, what kind of sounds will you make?

Why is it that your words and attitude would miraculously hit the right cord in a girl?

So, it's simple: practice and experiment.

The words you read in dating books like this one are only words until you put all this into practice.

Understanding the theory does not make you a master.

There is only one way to go:

Take action!

Not just once.

Consistently!

This is called the "Dating gym" ☺.

You wake up in the morning and it is the first thing you think of.

You immerse yourself in it!

You make it your top priority!

Many guys will try these techniques, get a few initial successes and then step back, relax and forget about their original intention.

If you go to the gym, you don't train just a couple of times and then give up.

If you want your muscles to stay awake, you need to train often and regularly.

After a while, you find approaches which require little to no effort.

You thrive and enjoy every single minute of it.

With dating, the same applies.

It's about much more than love or relationships!

It is the mastery of your interaction with the opposite sex.

It is as well about simply being a better person, more skilled at what you do.

Dating skills are a milestone towards life mastery.

Having this skills gives you edge and confidence.

What you discover are of course social skills you can apply in any situation.

You can take for instance your confidence or challenging style and apply them in the business field.

There are dozens of side applications to the dating skills you develop.

Now, back to this next step.

Always keep in mind your next possible target and focus on it after every single victory.

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My advice is simple:

Focus consistently on these skills for 1 to 3 months.

Make it your top priority!

You might spend hours on dating sites chatting with strangers.

You'll try dozens of approaches in social situations.

When you hit a rejection or dead end you don't understand, sit back and analyze what happened.

There is always a reason.

Use your instinct and find your next possible clue.

I have been single for too long! - I want to meet girls!

Many guys wake up one morning and think:

“I have been single for too long! I want to meet girls!”

Great!

They go buy some groceries, see this nice chick, don't get the guts to talk to her, go back home, get frustrated and give up for weeks until the dating fire wakes up again.

Sometimes, they will get the courage to walk to her and even get a phone number.

Then find out one week later that she's got a boyfriend or is leaving to Japan for 5 years.

What happens next?

They think it's too hard, step back and spend the next few years believing there must be a way!

In the worst cases, these guys will label themselves as “Shy” or “Not really good with girls” and accept this limiting belief without questioning it.

Okay!

If you are one of these guys, it's time to wake up!

What no one ever says is that for most people, love, attraction and dating don't just happen!

Even to those who seem to be naturally good at it.

They don't find a date by sitting at home waiting. They take action, always!

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You make them happen!

If you are in business and want to make sales, will you simply sit at your office waiting for the phone to ring or will you take consistent action to get the results you want?

Many men tend to give up with dating before they even start.

They give up because they don't know where to start and have no strategy.

In a way, you are lucky because for instance a language or a music instrument can take years to master.

Dating goes faster than that!

Once you start approaching girls, you are quickly far ahead than most guys. You already stand out from the male crowd.

You might go within a month from meeting one girl in 5 years to having 5 potential dates in a week.

What did shift?

Attitude, strategy and action!

That's it!

Now, you can step in the dating world and believe you need to reinvent the wheel.

It's not true.

Advices like this e-book give you short cuts and power kicks.

They can save you years of trial and error.

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Why girls don't want you to learn these skills

It's a power game!

It's that simple!

The more you know about these skills, the more fun and success everyone has.

Yes! Being able to be a player if you want is an excellent thing.

Why is that?

Because it gives you confidence and the skills to be an excellent date.

When you take a girl on a date, what do you think is better for her:

Being with a guy who is clingy, desperate and totally inexperienced with dating?

Or...

Be with a guy who is confident, skilled and could walk to any girl in the restaurant and easily chat with her?

You get the picture, right?

Of course, while a girl has a great time being with a guy who knows how to approach her, she will rarely show you how to be that man.

It's a game!

It's a power game!

The more confident you are, the more emotionally independent you are.

This means that she has less control over you.

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It means as well that if you are that confident, you could easily date other girls.

“Gulp!”

Not many girls enjoy the sight of their date going around flirting with every single female.

She won't help you get these confidence and dating skills because you might end up dating her best friend.

There is lots of competition in the dating scene!

These are reasons why she won't help you develop these skills and even often mislead you when she tells you how to please her or love her.

I know it's a huge contradiction but that's just the way it is.

Accept it!

Ad mystery to your game

If all you offer her is what she can comprehend or already experienced, there is no mystery and no discovery, right?

Boring!

Yes! It's boring for her!

Flowers, presents and the usual romantic scenarios don't work with her.

She might lead you to believe that this is what she wants but does not realize that it won't give her the satisfaction she's looking for.

She has deeper needs that that she is unaware of.

Her ideas about dating and romance come from a dream vision.

That's fine.

You don't have to destroy that dream.

You don't have to fit in it either.

Simply add these new power dynamics she never thought of.

The moment a girl comprehends absolutely everything about you, the thrill of a new discovery is totally gone.

Building long term relationship security represents only a small fraction of a woman's needs.

Passion, attraction, excitement or desire follow a different set of dynamics.

They have nothing to do with material security or a rational decision.

Don't unveil your battle plan

This is a huge turn off!

Don't trying to show her how smart you are at this.

These strategies are the forces which pull the strings of how she relates to you.

If you unveil them, you blow your cover and kill the magic instantly.

She does not want to hear about the script.

She does not want to hear that this is a trained or learned behavior.

She does not want to hear about it!

Don't ever try to get validation for how smart you are with dating!

Conclusion

Print this e-book and keep it where you can read it often.

Next visit:

<http://vitalcoaching.com/datingformen.htm>

For more dating strategies in video, audio and article format!

There is much more!

If you have an unanswered question, want to send me your success story or feed back, email me at francisco@vitalcoaching.com

For more programs on dating including break ups, jealousy and relationship success and personal power go to <http://vitalcoaching.com>

To your dating power!

Francisco

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