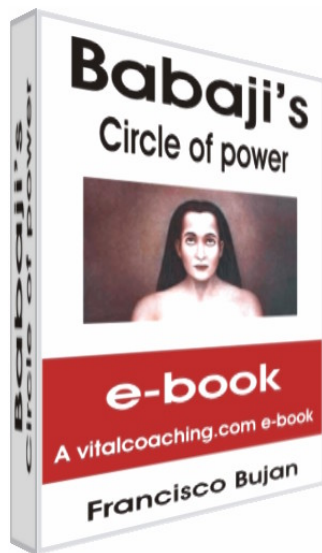


Babaji's circle of power

Babaji's Circle of power



Francisco Bujan

A vitalcoaching.com e-book

brought to you by www.vitalcoaching.com

www.vitalcoaching.com

Contents

Intro _____	3
What is power? _____	4
Control _____	5
Protect your mind space _____	6
What is power abuse? _____	8
Being a challenger _____	9
Free your power _____	11
Your mind is your greatest asset _____	14
Where does your power come from? _____	15
Sponsoring energies _____	17
Solving tensions _____	19
If your life is under attack _____	21
Here is the mantra _____	23
Conclusion _____	24

Intro

The goal of this e-book is to give you a technique to connect you with Babaji and empower your life and your mind.

I consciously kept it very simple so that you have maximum freedom to interpret and apply the technique in your own way.

Take a minute to print this book. Having it in front of your eyes will help you stay focused!

Good luck and stay in touch

vitalcoach

What is power?

When it comes to spiritual development, there is a great misunderstanding going on. It concerns power and the way it is used.

Power has nothing to do with controlling someone else's life.

Controlling someone else's life without this person wanting it is already an abuse of power.

No, the real use of power in your life is about mastering your own life, mind, evolution, space, actions, etc.

Power is about you and about gaining mastery over your life and existence.

It is about expanding your awareness and discovering deeper mysteries in your mind.

Control

The idea is to gain back control over your life.

If you have the feeling that your mind is not working properly or flowing the way you want, the goal is to add a quality which will reharmonize your mind flow.

When you connect with Babaji, you connect with a new taming power which does align your mind with a perfected model of evolution. It strengthens a perfected plan in your mind and allows you to flow with it.

Can you see how it works?

The goal is not to rigidify your mind in crystallized or limiting mind sets. It is rather to give you back the control seat and make sure that you are the one in charge of your life and evolution.

Babaji offers you some guidance with that but does not take control away from you. He accompanies your movement and helps you stream in life in a frictionless manner

Protect your mind space

Your mind is a territory. When you feel unhappy or drained, it is simply because your mind is invaded by energies or patterns you don't want in it.

You want harmony, right?

Sometimes, events in life challenge you. You might be impacted by someone else's emotions or actions and this can set you out of balance. You lose your center.

The goal is to increase your level of inner power so that negative emotions simply bounce on the surface of your mind without reaching you.

How do you achieve this? You increase your level of inner power. You strengthen your personal foundation by connection with powerful sources of energy.

You have resources in you which are not awake. Your instinctual nature contains survival resources you can tap into when your life is in danger or when you feel a threat.

Now, imagine waking up these inner resources and having them available straight away in your daily life.

This is exactly what happens when you wake up your power.

If you are afraid of waking up your power, it is usually because you don't know what you would do with it. You miss a clear path of action.

Suppose that today, your power was multiplied by ten; how would you use it?

This is the real question.

Power can be a weapon. It is a source of energy which can turn against you and human evolution. You can let it work against the people you love and even let it mess up your life and projects.

Imagine having a sword in your hands. It is essential to wake up the skills to use this weapon wisely.

Power works in the same way. You are given a small amount of it and discover how to use it.

You learn to apply it wisely in your life without abusing it.

What is power abuse?

This is really the core question.

You abuse power when you go against the flow of human evolution.

Abuse is not an absolute measure. It depends on the context, the events or the period you live in.

What is okay today might not be okay tomorrow.

You feel that you abuse power when you go against the flow of human evolution.

Your greatest guiding force is an inner knowledge, your instincts and most of all, common sense.

If you take action and feel that you obstruct someone else's life and growth, it usually means that you are going against the flow.

You feel emotional tension or power struggle building up with that person.

Now, imagine that your power would suddenly be multiplied by ten with such conflicting patterns; you would build up a war and a deep embedded long term conflict.

This is the very reason power wakes up in small quantities. You are given some of it, digest it, and create harmonious new mind sets in you and with your environment.

The moment you stand in a space of harmony, you feel like you can take more of it and use it wisely.

This is how it works.

Being a challenger

In some situations, you become a challenger. Battles, challenges or conflicts of energies are occasions to grow. They are challenging situations which force you to look deeper into your potentials.

Competition can be a very powerful mind set. It pushes you to look for resources you might not even know you have.

This happens in sports and with personal challenges. You are sometimes faced with situations in life which are simply aimed at training you.

In fact you can see your whole life as a form of spiritual experiment where you are put in challenging situations simply to give your spirit the occasion to grow and mature.

If you take them and see their role, challenges make you stronger and empower you.

When you live within the stream of Babaji's blessing, his energy can face you with challenges so that you get an occasion to tap into new mind sets and new resources inside yourself.

You can look at the totality of your existence in that way. You can observe the flow of events like some form of game or life training.

Along the line you receive key initiations. Some are real visible initiations and some others are invisible and more subtle.

Tests!

Experiments!

Sometimes, you consciously take the challenging role in someone else's life.

You might train or push someone you love to a limit simply because you know that this person will benefit from what they will discover via such challenge.

Sometimes you are a challenger simply out of instinctual need.

You might get angry with someone or force them to do something they don't want to simply to stimulate them to wake up deeper layers of power in themselves.

Do you recognize situations in life where you consciously challenged (teased) someone in that way?

Do you recognize situations where someone else's challenge did force you to wake up resources in you, you did not even know you had?

Life can be seen as a training ground.

It can be seen as a space where events in life are always there to teach you something.

You can step back and refuse to play the game. You can change certain rules. You can as well go with the flow and immensely enjoy these challenges.

Sometimes you need a break and might send this message out:

"Hello? Can we stop for a minute? I have been traveling high speed for a whole year... Can I get a holiday?"

Free your power

This morning, I had a lucid dream: I saw a tiger in a cage getting ready to come out.

There was power building up in it. There was this intense fire in its eyes and the desire to run free beyond its cage.

The tiger is a symbol of your life power. It is a symbol for your instinctual nature.

The goal is to wake up this nature flowing power and unleash it in your life.

Layers of conditioning and the comfort of modern life style tend to slow down your life force.

You simply forget about your connection with nature, with the planet and the life which flows in your being.

The moment you connect with Babaji, you reawaken your instinctual nature. You clear your inner channels of life force and create new ones.

You open new action pathways. You connect with a new source of fire and power in yourself.

This fire is freeing. It is aimed at removing blockages and putting you back in the control seat of your life.

Life force is precious.

Life force is power.

It is pure fuel.

It is pure energy.

Now, when you wake up more of it, you need as well the power to own it.

This means that nobody but you is in charge of your life.

You are the master. You are the owner of your existence. You decide how you live and where you want to go.

It is your call and your decision, always.

Now, if you wake up new sources of energy in you, you need to wake up extra power as well to protect it.

This is one of the main challenges of your spiritual evolution.

Being successful with your spiritual development is about combining love and power in harmonious proportions.

You want to establish channels of life force in your being which can't be stopped.

Imagine a garden of refinement. This garden is your mind. It is your life.

If you create incredible beauty in it, you need as well to wake up the power to protect it. You need some form of fence or extra protective power to preserve what you create.

Dare to fight.

Dare to express your full power.

Dare to express your conquering power to reach your goals.

God beyond the limits of "sweet and gentle".

If your life is challenged or under attack, do what it takes to protect it. Express your power and unleash your full conquering force.

Aim for your target and do reach your goals.

Trust your instincts with that.

Ask yourself these simple questions:

- "If millions of people were performing the action I am performing now, how would this impact on the planet and humankind. Would this be a good thing or a bad thing?"

- Is this action freeing me or limiting me on the long term?
- Does it fit with my long term evolution and the long term evolution of the planet and humankind?

These simple questions are simple guiding lines which help you take a sound decision concerning choices and action lines.

Your instincts have many keys as well.

Dare to listen and trust yourself.

The moment you open up new life channels in your existence, you need enough power to keep them fresh and flowing.

Life force needs clear channels to flow.

Create frictionless environments and do what it takes to protect and empower them.

Your mind is your greatest asset

In this modern age, a lot of emphasis is given to modernization and technology.

This is very good.

It makes you understand the impact on your life when technology does not work, right?

Now, imagine your mind.

Your mind is a subtle ecosystem of thoughts, emotions, connections, action lines, life force, etc.

When you are happy and satisfied, your mind and life system functions harmoniously.

You are happy when your mind is frictionless and your life force can flow via clear channels of action and emotions.

Emotional freedom is a state of inner clarity where nothing holds you back.

To protect and preserve your mind channels you need this power base which protects who you are and what you do.

Sometimes you need to defend your territory and gather all the tools you need to win.

No need to reject these challenges.

This circle of power initiation is aimed at giving you this extra power and confidence kick.

Your destiny line is a life line.

If you don't want your life to be side tracked and obstructed use this mantra and connect with the energy behind all this.

Where does your power come from?

Power comes from various sources:

Inside yourself

Sponsoring or supportive sources of energy

Society

Nature

Community, family, friends

Etc.

A key source of power is the one you have inside yourself.

The goal is to wake up what is still resting. It is to bring to the surface the totality of your potentials and let them emerge freely in your life.

You have tools you are not using. Your present limits are not your real limits. Your life is much vaster than what you see right now.

Deep in your instinctual nature, you have resources of energy and power you can wake up any time. You can wake up survival and fighting skills if you need to defend your territory or conquer new ones.

Your real potential is infinite. New sources of power and energy lay in the core of your spirit and life force. All you have to do is embrace this potential and let it rise to the surface.

Unlock!

Remove whatever is on the way of you fully owning your life and being 100% satisfied right now.

Emotional freedom is your right!

It was given to you at birth.

Your mind and your life are your territories.

They were given to you!

You own them.

Sponsoring energies

Sponsoring can take many forms.

Sometimes it is about money.

This is what you probably think about when you read the word sponsor.

However, you can connect with dozens of energy sponsors which will support you in living and reaching your goals.

These sponsors can be your family, friends, organization you work for, society, nature, partner, a spiritual connection, etc.

These sources of support give you power and energy. You establish a connection and feel empowered.

Babaji is a sponsoring energy. It is a source of power you can connect to.

When you build a relationship with this source, you feel empowered. It strengthens your emotional foundation and gives you inner energy support.

It works both ways of course. It is like being with a good friend, right?

You establish a connection.

Behind Babaji, there is a vaster reality. He is the messenger of that reality.

What is this reality? It is a perfected mind set.

You can call it the Siddhas.

Beyond this reality, of course, there is the Absolute. We go beyond the limits of the mind and humankind.

When you connect with Babaji, you connect with a perfected mind set and start sharing energy with that source.

In other terms you become part of a reality.

This is not exclusive.

It is like entering a temple or connecting with an invisible ashram.

No matter where you are on this planet and no matter what you are doing, you can wake up this connection and let it stream in your life, feel empowered by it and unleash the full potential of your emotional freedom.

Life force is precious.

Give yourself the tools to protect what is yours.

Solving tensions

When you wake up power, you need clear and harmonious channels of expression. If you feel trapped in negative conflicts, the increase of power actually hurts you.

You know you need to solve these tensions for your life power to flow.

It is essential to create frictionless systems so that whatever energy you manifest in your life has the space to flow harmoniously.

You can't cheat with that.

You need to solve tensions and create win-win relationships with those you relate to.

What is the key force in this?

Respect!

Everyone is free!

If you are given the power to choose for yourself, so is everyone else.

You have the power to gain back control over your life and so is everyone around you.

Tensions rise because of conflicting power.

Identify exactly how a tension works and solve it by taking the right "posture" in it.

A posture is an attitude.

It is a mind set. It is a way of standing in a given situation.

The goal is win-win always!

The goal is synergy!

With greater power comes greater responsibility.

This means that you want extra wisdom, love and respect with any increase of power in your life.

You want to develop these qualities and create mind sets which stimulate the idea of victory for the totality of humankind and the planet.

The greater good is always in your mind.

This is not about focusing on selfish goals.

Sure, your life is important and focusing on personal goals is fun, exciting and validating.

Now, if your personal goals do interfere with human evolution or someone else's well being, you need to back up and reshape your vision.

Human sacrifice is a thing from the past.

We are in a stage of human evolution where no one needs to loose.

The new potential is win-win-win anytime, anywhere.

If you keep this in mind when looking at conflicts or tensions, you realize that new doors open up and new mind sets are established instantly.

Stand in way which hurts no one.

Align your vision with the long term stream of evolution for the planet and human kind.

This is the secret of successful living.

If your life is under attack

Defend yourself!

This is the true positive use of your inner power.

Your mind and your life are your territory.

It is your own basic right to decide for yourself what you do with it.

Your thoughts, your emotions are yours.

Now, sometimes, this power of self determination is taken away from you.

Let's put it this way: you rather don't dare to fully express your power.

Why? Because a battle needs to be fought.

This battle is very symbolical.

It is described in the "Bhagavad Gita".

It is the conquest of your own life and being. It is the recovering of your full potential and inner freedom.

The moment you wake up your power and start expressing it, the first place where you might have an impact is on your own life.

If you transferred and gave away your power in the past (consciously or subconsciously) waking up your power gives you the tools to get back what is yours.

Owning your life is your basic human right.

This is definitely an area where you will feel the energy of Babaji backing you up.

Freedom of thought.

Freedom of action.

Freedom of emotion.

If you feel that your basic freedom as a human being is abused, dare to wake up your power and free yourself.

No need to be explosive (although sometimes it is needed).

If you feel limited and controlled by someone else in your life and you no longer wish this, you can say something like:

"I know I accepted this in the past but now I have my full power back. Thank you for taking care of this in the past but I have now the power of self determination. I would rather make my own decisions as far as my life is concerned..."

The goal is not to challenge or hurt anyone.

The goal is to recover full ownership of your life.

Here is the mantra

अधिकरण्य बाबाजि

Adhikaranya Babaji

Adhikaranya means power, authority, control.

This word describes your ability to master your life and your destiny line.

You can use it especially when you feel you need to empower your existence, stay master of your life and find your destiny.

It gives you power, control and authority over your own life.

It puts you back in the control seat.

You can use this mantra by writing the calligraphy as it is in Sanskrit. You can as well meditate on this mantra internally (focus on the third eye if you need a point of attention).

Conclusion

If you feel this e-book is not enough, contact me! There is more.

Send me an email francisco@vitalcoaching.com or visit the website www.vitalcoaching.com.

Good luck and stay in touch

vitalcoach