Trigger sexual attraction in any woman

For men

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Women respond to power!

It is that simple!

If your power level is low compared with her, she is turned off.

If you are higher or equal, she is turned on.

Attraction is not a rational decision.

It is not something she mentally controls.

It is totally instinctual.

Sometimes, a woman will say:

“You are not my type”

“I am not ready to date anyone right now”

“I have a boyfriend”

And still fall for you.

You know that!

You feel it!

The reason she falls for you is because you trigger specific attraction buttons in her and she responds to them whether she likes it or not.

In fact she likes it of course.

The biochemicals which are released in her brain when she feels attraction create pleasure.

They create a chain reaction of emotional excitement.

That’s what every woman wants to feel.

Your role as a guy is to be the catalyst for these reactions.

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What women pick up from you

Most guys believe that it is about using the right words or right pick up line.

Well, let me tell you something.

Most of what she perceives from you is expressed through your body language and tone of voice.

She gets tons of information just by looking at the way you stand or how you position yourself in a room full of people.

The moment you speak, the tone of your voice gives her an exact measure of your level of power.

Sure, what you say still matters but it is only a small parameter in this equation.

Have you ever seen someone giving a speech that made you totally uncomfortable because their voice was trembling?

You felt sorry for them, right?

They could be experts in the topic you need to know about and still, you can’t even concentrate on what they say because you are totally turned off by their lack of confidence.

Women respond to guys in the exact same way.

You might say something dumb.

It does not matter (almost ;) ) as long as you express confidence.

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How to multiply your level of power

If women respond to power, that’s the quality you want to multiply, right?

How do you do that?

There are a few key areas in your life where you can increase your level of power:

- Money, business, career
- Body, health, vitality
- Social power, network, friends
- Personal balance
- Character
- Etc.

If you want to multiply your level of power, you need to increase it in one or the other of these areas.

For instance, if you feel insecure and doubt a lot in life, work on your thought patterns until you have greater understanding and mastery of your mind and emotions.

If your material base is a mess, design some new career goals and get your act back together.

If you feel lonely and isolated, reconnect with the night scene and make new friends.

When she sees you, she quickly scans through these various aspects of your life.

Within the first 30 seconds of your interaction with her she already instinctively decides if you are potential lover, definite friend-zone-material or simply trouble.

Now, some aspects of your personality can be deal breakers.

For instance, if you appear intolerant with violent tendencies, her survival instinct will kick in and she will decide to stay away from you.

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Lack of personal hygiene is as well a massive turn off.

If she sees dirty nails, it is hard for her to imagine these hands all over her body and her engaging in passionate sexual play with you.

These are the basics.

Altogether, these various aspects of your personality represent your dating body!

That’s how you present yourself to women.

This is what they see from you.

If you feel that you score low in one or these areas, do something about it first!

There is no point refining your game if you don’t take care of potential turn offs first.
What to say

Once you have your confidence base + body language + tone of voice in check, you are ready to go.

The best way to engage into a conversation with a woman is to tease her or use an opinion opener.

If you see her at a club with a drink:

- “Are you drinking that? That’s a killer! – You’ll need someone to take you home if you have two of those in a row! – Glad I came to the rescue before it’s too late”

That’s a teasing line.

If she is chatting with her friends:

- “You girls seem to know exactly where to go shopping... I am looking for a nice store for men’s clothes but really could not find anything as exciting as what you wear – Do you always wear black or do you like colors too?”

That’s an opinion opener.

The best is to have a couple of ideas ready when you go out.

Start opening sets and connect!

Don’t fix your attention on just one woman or a group of girls. Chat for a couple of minutes, get a phone number if you want to and move on to the next set.

It is rare for a girl to be by herself. So you’ll often need to open a set of 2 or 3 girls and first relate to them as a group.

Once you establish a connection you can focus more on the girl you are more interested to.

What happens next?

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Sexual conversations

The best way to trigger sexual attraction in a woman is to talk about sex with her.

Now, how do you do that?

You ask her questions.

They don’t need to be sexually related at first.

They do touch on feelings, emotions, passion and excitement.

For instance, you can say:

- “I can see you are a girl who can get very passionate. I can’t tell exactly in what situations you feel the most thrilled, though... Give me a hint! When are the moments where you feel totally excited about life? Besides shopping... shopping does not count or it’s too obvious...”

What happens when a girl invokes what she feels excited about?

She actually brings these emotions in her and starts associating these emotions with you.

Why?

Because she is sharing them with you at that exact moment.

Now, you notice that in this question, the word sex was not even mentioned.

You suggest something vaster than that: emotions, thrill, and excitement, right?

Once she opens up, it is very easy to follow up with a more sexual question which sounds like:

- “I hope I am not offending you if I ask this... Let me check... Yes, you look open minded ;) It should be ok! I
won’t end up with one of your high heels pinned across my chest – So, sex! – What about sex? – What type of sex do you like? – And don’t mention your ex – From today on he is off topic anyway…”

This is an example of a lively conversation that can grow in a very exciting connection with this girl.

You will see her getting more passionate about sharing her experiences.

When she does, simply keep her in track.

Make sure that you ad excitement by asking her follow up questions like:

- “And was this the first time you felt like that?”
- “How does your body react when a man does that?”
- “Did this emotion stay with you just for a minute or did you still feel it the following day?”
- Etc.

When you ask her follow up questions, you are saying: “Tell me more!”

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What happens next? - Should you have sex?

While she shares these intimate emotions with you, you can get physically slightly closer to her and see how she responds to it.

Invoking sexual or exciting memories makes her usually hot.

This usually calls for a need to share this energy with you.

Start by slightly touching her arm or coming physically closer, or whispering in her ear, that type of thing.

Right there, you need to make a decision.

Do you want to go all the way and share intimacy with her or do you prefer stepping back, getting her number and meeting her another time?

What’s your choice?

Usually, you can sustain that type of sexual tension build up for 30 min.

After that she might expect you to get more physical.

You don’t need to give it to her though.

You can step back and give her a couple of days to reflect on what she experienced with you.

Sexual imagination is a powerful tool.

It can totally take over a woman’s mind and get her to come back to you for more.

Would you like to see her again?

Get her number and leave on a high.

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Say something like:

- “Whaou! I had no idea you were such a sexual volcano, ready to explode. I am a bit reserved myself and it will take me a week to digest so much sexual information. I don’t usually have sex at a first date. I was told not to! So, don’t push me ok?”

As you give her a card and a pen, follow up with:

- “Write your number here. I will set up a conference hall and give you the opportunity to share this knowledge with an audience of a few thousands! Many people need to hear what you just told me! ;)”

Now, you are still teasing and challenging her.

This shows that you keep your power and don’t worship her in a needy way.

This triggers even more attraction in her because you do stand to your level of power.

Got that? Of course, the lines I gave you are only examples.

Learn to improvise and develop these sexual conversation skills.

These are not some ready made pick up lines you can use on every girl.

What you develop is an attitude and mind set which is conductive to having that type of sexual conversations with women any time.

It takes a month of experimenting to be good at it.

In fact you could still be learning even if you practice this for a lifetime.

The key is to practice and not be afraid to try new lines or approaches.
By email

If you are online, you can direct a conversation exactly in the same way as if you were face to face.

Choose the questions you ask.

Here are some examples to start:

- “Quick, non challenging question: what’s the best sex you ever had? – I want to know what I am up against...”
- “What is your favorite emotion?”
- “If you could design the perfect week end in a romantic get away, what would it look like? – Would there be any scene involving your female best friend?”
- “What’s foreplay? Do you like it?”
- Etc.

Of course, some of these openers are already very sexual.

If you feel they are too direct, you can step back a bit and ask her instead about emotions, excitement, passion, delightful food or dance.

The key is to stay within the realm of excitement and emotions.

These are often associated with sexual memories.
Text messages

This is a gold mine of possibilities.

You can say a lot with a one line text.

Yes!

Even if this is the only window of opportunity you have, you can trigger sexual attraction by sending simple one line sexual conversation openers.

Here are some examples:

- “I bought red strawberries and I want to share them with you – Free this evening? – My place 8pm”
- “I was thinking... What’s the difference between passion and excitement”
- “What is your high today?”
- “First time sex? What do you usually prefer? Your place or their place?”
- Etc.

If you have no idea, take a white page and write the first few lines that come to mind.

Give yourself a few minutes.

Take the best one and send it!
Key turn offs

Women can’t stand insecure guys.

It makes them so uncomfortable that they want to run away.

If you want to trigger sexual attraction, stay away from serious topics like job, politics, personal problems or challenges with an ex.

It’s obvious when you think of it and still so many guys start conversations on these topics without realizing it takes them in exact opposite direction to where they want to go.

Do better than that.

Be directive when you start a conversation.

Be specific.

If you feel her getting bored, bring in a teasing line and break the rhythm by shifting topic.

Even if you start on a wrong note, you can get back on track by challenging her a bit.

Say something like:

- “Do you get the same impression that there is something more exciting to life than that? – I mean what really thrills you? – I am pretty sure that these office politics issues are not what gets you going – So, are you going to tell me, or are you going to hide yourself?”

The key to avoid key conversation pitfalls is to practice more.

Connect with as many women as you can.

If you only start a conversation when you see a very attractive target, the stakes are often too high and you make mistakes.

Yes! It is an art!
Like with any art, you want to experiment and learn to improvise.

You can’t simply learn a set of opening lines and that’s it.

**Practice is what makes you master at it.**

When you come back home after an evening out, take a minute to analyze what happened.

**What worked?**

**What didn’t?**

If you notice that one of your questions or teasing lines triggered an exciting response in a girl, identify exactly what this trigger was.

**Analyzing your strategies quickly boosts your results because you learn much faster.**

You get rid of turn offs and dig deeper into the positives.
Conclusion

I hope you enjoyed this e-book!

As you know, I do offer one on one coaching if you need new strategies or a confidence kick.

Check this link to see how it works:

http://vitalcoaching.com/coaching.htm

Feed back, success stories and suggestions?

Feel free to email me at francisco@vitalcoaching.com

Enjoy!